

According to the 2010 National Health Survey 10.8% of Singaporeans are obese. By the age of 69, 1 in 3 Singaporeans will develop diabetes*.

What is the reason?

Is rice the enemy?

How can we fight back?

Can diabetes be cured?

**Come
find out this
August at Farrer
Park Hospital!**

The first 50 registrants will receive
a free BMI check and
body fat analysis.

**A public forum on the latest
controversies in diabetes**

Sat 27 August 2016

Viv Hall, Level 16, Farrer Park Medical Centre

10.00 am : Registration

10.15 am : **Is rice the enemy?**

by Ms Izabela Kerner

10.45 am : **Can metabolic surgery cure diabetes?**

by Dr Shanker Pasupathy

11.15 am : Q&A

**Register at [facebook.com/obesitydocs](https://www.facebook.com/obesitydocs)
or email info@farrersurgery.com**

Speakers:



Ms Izabela Kerner
Nutrition Support Clinician
Accredited Practising Dietitian,
Singapore and Australia



Dr Shanker Pasupathy
Senior Consultant Surgeon,
Upper GI, Bariatric and Vascular Surgery
Visiting Professor,
Asian Institute of Telesurgery



ObesityDocs

Our clinics:

Advanced Laparoscopic Surgery
#03-37c Annexe Block Gleneagles Hospital
6A Napier Road, Singapore 258 500

Tel: 6471 0711 | www.obesitydocs.com

**FREE
admission**

Refreshments provided

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HEALTH**

"Because it's not about becoming thin,
it's about becoming healthy"

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